Drury Hotels

Food & Beverage

Nutrition Information

October 2026

A number of factors may affect the actual nutritional information for each product – including product substitutions and portion sizes – and,
as such, Drury Hotels Company cannot guarantee the complete accuracy of the nutritional information provided below.

For concerns, please ask a Drury Team Member at the specific hotel for the detailed ingredient list on applicable packaging while on-site.

Menu Item			Serving Size	Nutritional Information														
Category	Product Type	Food Item	Qty	Calories	Total Fat	Saturated Fa	Trans Fatty	Cholesterol	Sodium	Carbohydra	Dietary Fibe	Total Sugar	Added Sug	Protein	Vitamin D	Calcium	Iron	Potassium
Beverages	Creamer	Half & Half	11 g	15	1 g	1 g	0 g	5 mg	10 mg	1 g	0 g	1 g	0 g	0 g	0 mcg	0 mg	0 mg	15 mg
Beverages	Creamer	Powdered Creamer	2.5 g	10	0.5 g	0 g	0 g	0 mg	0 mg	2 g	0 g	0 g		0 g		0 mg	0 mg	15 mg
Beverages	Honey	Honey																
Beverages	Juice	Apple Juice	54 g	120	0 g	0 g	0 g	0 mg	10 mg	29 g	0 g	28 g	0 g	0 g	0 mcg	0 mg	0 mg	240 mg
Beverages	Juice	Cranberry Splash																
Beverages	Juice	Orange Splash																
Beverages	Milk	2% Milk	1 g2	120	5 g	3.5 g	0 g	20 mg	120 mg	11 g	0 g	11 g	0 g	8 g	2.5 mcg	300 mg	0 mg	350 mg
Beverages	Soda	Barqs Root Beer	8 oz	111	0 g	0 g	0 g	0 mg	13 mg	30 g	0 g	30 g	0 g	0 g				1 mg
Beverages	Soda	Coke	8 oz	99	0 g			0 mg	2.5 mg	27 g		27 g		0 g				
Beverages	Soda	Diet Coke	8 oz	0.6	0 g				10 mg	0.1 g		0 g		0 g				23 mg
Beverages	Soda	Ginger Ale	8 oz	65	0 g			0 mg	8 mg	17 g		17 g		0 g				
Beverages	Soda	Mello Yello	8 oz	106	0 g			0 mg	8 mg	29 g	0 g	29 g		0 g				18 mg
Beverages	Soda	Pibb Xtra	8 oz	96	0 g			0 mg	14 mg	26 g		26 g		0 g				
Beverages	Soda	Sprite																
Beverages	Soda	Tonic	8 oz	22						83 g		22 g						
Breakfast	Bread	Bagels	65 g	190	0.5 g	0 g	0 g	0 mg	380 mg	39 g	1 g	4 g	3 g	7 g	0 mcg	10 mg	2 mg	52 mg
Breakfast	Bread	Blueberry Muffins																
Breakfast	Bread	Cinnamon Raisin Bread	35 g	100	1.5 g	0.5 g	0 g	0 mg	125 mg	19 g	1 g	8 g		3 g				
Breakfast	Bread	English Muffin	57 g	130	1 g	0 g	0 g	0 mg	250 mg	25 g	1 g	1 g	1 g	4 g	0 mcg	120 mg	1.4 mg	40 mg
Breakfast	Bread	Wheat Bread	49 g	130	1 g	0 g	0 g	0 mg	250 mg	25 g	2 g	4 g	4 g	5 g	0 mcg	34 mg	1.3 mg	0 mg
Breakfast	Bread	White Bread	1 ea	100	1 g	0 g	0 g	0 mg	180 mg	20 g	0 g	2 g	2 g	3 g	0 mcg	30 mg	1 mg	30 mg
Breakfast	Breakfast	Buttermilk Biscuits	1 ea	210	10 g	6 g	0 g	0 mg	640 mg	28 g	1 g	2 g	1 g	3 g	0 mcg	70 mg	2.1 mg	70 mg
Breakfast	Breakfast	Breakfast Potatoes	85 g	110	4 g	0.5 g	0 g	0 mg	440 mg	20 g	1 g	1 g	0 g	2 g	0 mcg	10 mg	0.4 mg	260 mg

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Breakfast	Breakfast	Eggs - Scrambled	124 g	140	9 g	3 g	0 g	370 mg	320 mg	1 g	0 g	0 g	0 g	13 g	2 mcg	61 mg	2 mg	138 mg
Breakfast	Breakfast	Sausage	70 g	270	26 g	9 g	0 g	60 mg	630 mg	0 g	0 g	0 g		10 g	0 mcg	0 mg	0.7 mg	160 mg
Breakfast	Breakfast	Peppered Biscuit Gravy	10 g	40	1.5 g	1 g	0 g	0 mg	260 mg	7 g	0 g	0 g	0 g	0 g	0 mcg	0 mg	0 mg	30 mg
Breakfast	Breakfast	Waffles	41 g	150	1.5 g	0 g	0 g	0 mg	430 mg	30 g	1 g	3 g	3 g	3 g	0 mcg	10 mg	1.6 mg	40 mg
Breakfast	Breakfast	Pancakes	0.5 cup	220	3 g	0.5 g	0 g	0 mg	720 mg	44 g	1 g	9 g	6 g	5 g	0 mcg	90 mg	2 mg	140 mg
Breakfast	Cereal	Cheerios	39 g	140	2.5 g	0.5 g	0 g	0 mg	190 mg	29 g	4 g	2 g	1 g	5 g	4 mcg	130 mg	12.6 mg	250 mg
Breakfast	Cereal	Marshmallow Matey	40 g	160	1.5 g	0 g	0 g	0 mg	280 mg	35 g	2 g	17 g	17 g	3 g	0 mcg	190 mg	4.5 mg	80 mg
Breakfast	Cereal	Raisin Brain	60 g	200	1 g	0 g	0 g	0 mg	300 mg	46 g	7 g	17 g	10 g	4 g	6 mcg	40 mg	4.8 mg	300 mg
Breakfast	Cereal	Rice Chex	40 g	150	1 g	0 g	0 g	0 mg	310 mg	35 g	2 g	3 g	3 g	3 g	4 mcg	130 mg	14.4 mg	0 mg
Breakfast	Cereal	Rice Krispies	40 g	150	0 g	0 g	0 g	0 mg	200 mg	36 g	0 g	4 g	4 g	3 g	3 mcg	0 mg	11.2 mg	30 mg
Breakfast	Hot Cereal	Grits	37 g	130	0.5 g	0 g	0 g	0 mg	0 mg	29 g	2 g	1 g	0 g	3 g	0 mcg	0 mg	1.7 mg	50 mg
Breakfast	Hot Cereal	Oatmeal	40 g	150	3 g	0.5 g	0 g	0 mg	0 mg	27 g	4 g	1 g	0 g	5 g	0 mcg	20 mg	1.5 mg	150 mg
Breakfast	Refrigerator	Eggs - Hard Boiled	45 gr	70	5 g	1.5 g	0 g	170 mg	55 mg	1 g	0 g	1 g		6 g	1 mcg	23 mg	1 mg	57 mg
Breakfast	Refrigerator	Yogurt	113 g	70	0 g	0 g	0 g	5 mg	55 mg	14 g	0 g	10 g	5 g	4 g				
Breakfast	Whole Fruit	Apples	140 g	80	0 g	0 g	0 g	0 mg	0 mg	19 g	3 g	15 g	0 g	0 g	0 mcg	9.8 mg	0.2 mg	151.2 mg
Breakfast	Whole Fruit	Bananas	126 g	110	0 g	0 g	0 g	0 mg	0 mg	30 g	3 g	19 g		1 g				
Breakfast	Whole Fruit	Oranges	154 g	80	0 g	0 g	0 g	0 mg	0 mg	19 g	3 g	14 g		1 g				
Breakfast	Condiments	Cream Cheese	21.2 g	45	3.5 g	2.5 g	0 g	15 mg	80 mg	1 g	0 g	1 g	0 g	2 g	0 mcg	0 mg	0 mg	0 mg
Breakfast	Condiments	Granola		250	7 g	1 g	0 g	0 mg	180 mg	43 g	4 g	13 g		2 g		20 mg	1.5 mg	
Breakfast	Condiments	Grape Jelly	14 g	35	0 g	0 g	0 g	0 mg	0 mg	9 g	0 g	6 g	5 g	0 g	0 mcg	0 mg	0 mg	0 mg
Breakfast	Condiments	Low Cal Assorted Jam																
Breakfast	Condiments	Peanut Butter	21 g	120	10 g	1.5 g	0 g	0 mg	95 mg	6 g	2 g	2 g	1 g	5 g	0 mcg	10 mg	0.3 mg	120 mg
Breakfast	Condiments	Raisins	3 oz	255	0.5 g	0 g	0 g	0 mg	9 mg	68 g	3 g	50 g		3 g				
Breakfast	Condiments	Strawberry Jam	14 g	30	0 g	0 g	0 g	0 mg	0 mg	7 g	0 g	5 g	4 g	0 g	0 mcg	0 mg	0 mg	10 mg
Breakfast	Condiments	Syrup	30 ml	100	0 g	0 g	0 g	0 mg	15 mg	24 g	0 g	24 g	10 g	0 g	0 mcg	0 mg	0 mg	0 mg
Condiments	Condiments	Cheddar Cheese	28 g	110	9 g	6 g	0 g	30 mg	170 mg	0 g	0 g	0 g	0 g	7 g	0 mcg	200 mg	0 mg	0 mg
Condiments	Condiments	Cholula	5 g	0	0 g	0 g	0 g	0 mg	110 mg	0 g	0 g	0 g	0 g	0 g	0 mcg	0 mg	0 mg	10 mg
Condiments	Condiments	Ketchup																
Condiments	Condiments	Margarine	10 g	60	7 g	2 g	0 g	0 mg	65 mg	0 g	0 g	0 g	0 g	0 g	0 mcg	0 mg	0 mg	0 mg
Condiments	Condiments	Mustard	5 g	0	0 g	0 g	0 g	0 mg	60 mg	0 g	0 g		0 g	0 g	0 mcg	0 mg	0 mg	0 mg
Condiments	Condiments	Salsa	29 g	10	0 g	0 g	0 g	0 mg	70 mg	2 g	1 g	1 g	1 g	0 g	0 mcg	0 mg	0 mg	80 mg
Condiments	Condiments	Tabasco	5 ml	0	0 g	0 g	0 g	0 mg	35 mg	0 g	0 g	0 g	0 g	0 g	0 g	0 mg	0 mg	0 mg
Ingredients	Popcorn	Popcorn	1 cup	20	0 g	0 g	0 g	0 mg	0 mg	5 g	1 g	0 g	0 g	0 g	0 g	0 g	0 g	0 g
Ingredients	Butter	Liquid Butter	1 tbs	120	14 g	2.5 g	0 g	0 mg	110 mg	0 g	0 g	0 g	0 g	0 g	0 mcg	2 mg	0 mg	0 mg
5:30 Kickback®	Pasta Night	Penne Pasta	140 g	220	1.5 g	0 g	0 g	0 mg	20 mg	45 g	2 g	2 g	0 g	7 g	0 mcg	0 mg	2.1 mg	140 mg
5:30 Kickback®	Pasta Night	Alfredo Sauce	11 g	60	3.5 g	2 g	0 g	0 mg	250 mg	5 g	0 g	1 g	0 g	1 g	0 mcg	26 mg	0 mg	80 mg
5:30 Kickback®	Pasta Night	Grilled Chicken Slices	85 g	90	2.5 g	0.5 g	0 g	55 mg	680 mg	2 g	0 g	1 g	1 g	16 g	0 mcg	0 mg	1 mg	299 mg

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Category	Product Type	Food Item	Qty	Calories	Total Fat	Saturated Fa	Trans Fatty	Cholesterol	Sodium	Carbohydra	Dietary Fibe	Total Sugar	Added Sug	Protein	Vitamin D	Calcium	Iron	Potassium
5:30 Kickback®	Pork Carnitas Night	Tortillas	3 ea	170	4.5 g	2 g	0 g	0 mg	2700 mg	27 g	1 g	1 g	0 g	4 g	0 mcg	67 mg	1 mg	42 mg
5:30 Kickback®	Pork Carnitas Night	Pork Carnitas	11 g	60	3.5 g	2 g	0 g	0 mg	250 mg	5 g	0 g	1 g	0 g	1 g	0 mcg	26 mg	0 mg	80 mg
5:30 Kickback®	Pork Carnitas Night	Corn	0.5 cup	70	0.5 g	0 g	0 g	0 mg	0 mg	16 g	2 g	3 g	0 g	2 g	0 mcg	3 mg	0.4 mg	200 mg
5:30 Kickback®	Pork Carnitas Night	Black Beans	4.5 oz	130	0.5 g	0 g	0 g	0 mg	135 mg	23 g	6 g	1 g	0 g	8 g	0 mcg	80 mg	1.9 mg	560 mg
5:30 Kickback®	Fried Rice Night	Fried Rice	1 cup	150	2 g	0 g	0 g	0 mg	430 mg	32 g	0 g	4 g	2 g	3 g	0 mcg	30 mg	1.2 mg	40 mg
5:30 Kickback®	Fried Rice Night	Broccoli	3 oz	30	0 g	0 g	0 g	0 mg	30 mg	6 g	2 g	1 g	0 g	2 g	0 mcg	40 mg	0.6 mg	269 mg
5:30 Kickback®	Fried Rice Night	Teriyaki Sauce	1 tbs	30	0 g	0 g	g	mg	400 mg	7 g	0 g	5 g	4 g	1 g	mcg	mg	mg	mg
5:30 Kickback®	Meatball Night	Meatballs	84 g	230	18 g	7 g	0 g	70 mg	330 mg	4 g	1 g	1 g		16 g	0	0	0	0 mg
5:30 Kickback®	Meatball Night	Brown Gravy Mix	0.25 cup	20	0 g	0 g	0 g	0 mg	360 mg	4 g	0 g	0 g	0 g	0 g	0 mcg	0 mg	0.2 mg	10 mg
5:30 Kickback®	Meatball Night	Green Beans	95 g	35	0 g	0 g	0 g	0 mg	0 mg	7 g	2 g	2 g	0 g	2 g	0 mcg	43 mg	0.8 mg	177 mg
5:30 Kickback®	Meatball Night	Mashed Potatoes	140 g	190	7 g	1.5 g	g	5 mg	500 mg	27 g	2 g	3 g	1 g	4 g	2 mcg	24 mg	1.08 mg	650 mg
5:30 Kickback®	Nacho Station	Hot Dog Buns	57 g	150	2 g	0 g	0 g	0 mg	300 mg	27 g	2 g	4 g		5 g		36 mg	1.5 mg	100 mg
5:30 Kickback®	Nacho Station	Hot Dogs	57 g	180	16 g	6 g	g	40 mg	600 mg	4 g	g	2 g		6 g				mg
5:30 Kickback®	Nacho Station	Jalapenos	30 g	5	0 g	0 g	0 g	0 mg	290 mg	1 g	0 g	0 g	0 g	0 g	0 mcg	15 mg	0 mg	0 mg
5:30 Kickback®	Nacho Station	Nacho Cheese	12 g	50	2.5 g	1.5 g	0 g	0 mg	290 mg	8 g	0 g	1 g	0 g	1 g	0 mcg	20 mg	0 mg	40 mg
5:30 Kickback®	Nacho Station	Relish	9 g						60 mg				2 g			0 mg	0 mg	0 mg
5:30 Kickback®	Nacho Station	Sour Cream	30 g	60	5 g	4 g	0 g	20 mg	15 mg	1 g	0 g	1 g		1 g				
5:30 Kickback®	Nacho Station	Tortilla Chips	28 g	140	7 g	1 g	0 g	0 mg	65 mg	18 g	2 g	0 g	0 g	2 g	0 mcg	101 mg	1 mg	70 mg
5:30 Kickback®	Salad	Balsamic Vinaigrette	2 tbs	70	5 g	0.5 g	0 g	0 mg	370 mg	5 g	0 g	4 g	2 g	0 g	0 mcg	0 mg	0 mg	0 mg
5:30 Kickback®	Salad	Croutons	7 g	30	1 g	0 g	0 g	0 mg	95 mg	5 g	0 g	0 g	0 g	1 g	0 mcg	4 mg	0 mg	13 mg
5:30 Kickback®	Salad	FF Italian Dressing	12.4 g	5	0 g	0 g	0 g	0 mg	110 mg	1 g	0 g	1 g	1 g	0 g	0 mcg	0 mg	0 mg	0 mg
5:30 Kickback®	Salad	Italian Dressing	12.4 g	45	4.5 g	0.5 g	0 g	0 mg	100 mg	1 g	0 g	1 g	1 g	0 g	0 mcg	0 mg	0 mg	0 mg
5:30 Kickback®	Salad	Ranch Dressing	12 g	45	4.5 g	0.5 g	0 g	5 mg	105 mg	1 g	0 g	1 g	0 g	0 g	0 mcg	0 mg	0 mg	0 mg
5:30 Kickback®	Salad	Raspberry Vinaigrette	2 tbs	70	5	0.5	0	0	280 mg	5 g	0 g	5 oz	0 g	0 g	0 mcg	0 mg	0 mg	0 mg
5:30 Kickback®	Salad	Spring Mix	85 g	20					50 mg	3 g	1 g			2 g	mcg	59 mg	1 mg	302 mg
5:30 Kickback®	Salad	Tomatoes	85 g	25	0.5 g	0 g	0 g	0 mg	5 mg	5 g	2 g	3 g	0 g	1 g	0 mcg	9.4 mg	0.3 mg	221 mg
5:30 Kickback®	Soup	Broccoli Cheddar Soup	1 cup	250	21 g	12 g	0.5 g	65 mg	780 mg	10 g	1 g	2 g	0 g	7 g	0.5 mcg	160 mg	0.5 mg	160 mg
5:30 Kickback®	Soup	Chicken Noodle Soup	123 g	80	2 g	0.5 g	0 g	20 mg	860 mg	11 g	1 g	1 g	0 g	5 g	0 mcg	0 mg	0.6 mg	110 mg
5:30 Kickback®	Soup	Chicken Tortilla Soup	120	100	3 g	0.5 g	g	10 mg	910 mg	13 g	3 g	4 g	1 g	4 g	mcg	30 mg	1 mg	200 mg
5:30 Kickback®	Soup	Chili	248 gr	290	12 g	6 g	0.5 g	40 mg	820 mg	23 g	5 g	5 g		20 g				
5:30 Kickback®	Soup	Oyster Crackers	14 g	60	1.5 g	g	g	mg	140 mg	11 g	g	g	g	1 g	mcg	mg	0.1 mg	10 mg
5:30 Kickback®	Soup	Tomatoe Florentine Soup	120 g	80	0.5 g	g	g	mg	780 mg	17 g	1 g	7 g	2 g	3 g	mcg	50 mg	1 mg	270 mg